



## Open Nordic Baltic Deaf Orienteering Championships

14 - 16 september 2018 in  
Perstorp, Sweden



### Bulletin 1

#### Organisation

Swedish Deaf Sport Federation and the Swedish Orienteering Federation  
with host club FK Boken in Perstorp.

#### Contact information

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#### Organising committee

**Leif-Åke Andersson**, Director of competitions of Nordic Baltic Deaf  
Orienteering Championships, *FK Boken*

**Henrik Eklund**, Orienteering Leader, *Swedish Deaf Sports Federation*  
and Coordinator of Open Nordic Baltic Deaf Orienteering Championships

**Joachim Sundström**, Sports Manager, *Swedish Deaf Sports Federation*

**Petra Eklund**, Website designer & manager

## Program

Thursday 13 September	Arrival and training	Åsljunga
Friday 14 September	Sprint and ceremony	Perstorp
Saturday 15 September	Middle	Örahult
Sunday 16 September	Long	Dalshult

## Competition classes

Class	Year of birth	Representant
WM 21	free	Country
WM 40	1978 or earlier	Club
WM 50	1968 or earlier	Club
WM 60	1958 or earlier	Club
WM 70	1948 or earlier	Club
JWM	Upp to 1998	Country

## Legend

W = woman

M = man

J = junior

Year of birth: In order to participate, the athlete must be born in the year indicated or earlier. For juniors, the athlete must be born in 1998 or later.

## Medals

Will be awarded to the first three finishers in each class.

## All in one place – short distances to the arenas



## Sprint in Perstorp

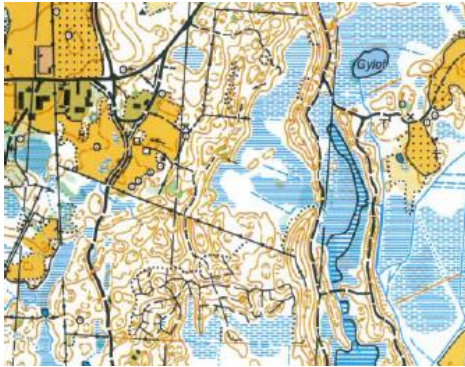


Arena in conjunction with the city centre. The competition area will be partly around school, train tracks and churchyard. The area also has surrounding open fields.



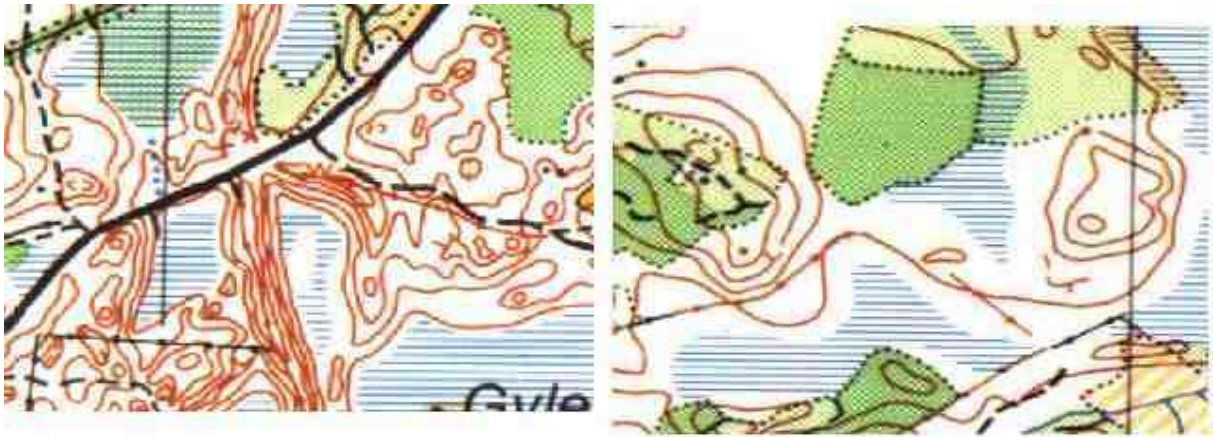


## Middle in Örahult



The middle and long distances will take place in the classic forrest. The terrain is typical for South Sweden and yet challenging due to its complex varieties of vegetation - from thick spruce forest to hilly, yet fast old beech forest areas. The terrain is also muddy and has a lot of streams and marshes.

## Long in Dalshult



### Old map

An old map from 2001 of the Middle/Long terrain can be found here: [Map](#)

## Punching System

The SPORTIdent punching system will be used. SI-cards can be rented from the organisers by choosing this option in the entry form.

## Embargoed areas – old maps

Embargoed areas are shown on the webpage: [Embargoed areas](#)

**Clothing:** Competitors can make their own choice of colour and material in competing clothing and footwear. For the forest competitions, all-covering clothing is required.

## Antidoping

IOF:s anti-doping rules apply, [www.orienteering.org/anti-doping/](http://www.orienteering.org/anti-doping/)

[www.deaflympics.com](http://www.deaflympics.com) (antidoping rules)

## Audiogram

In order to participate in the NBD OC, you must have a hearing loss at least 55dB. NBDSF is following ICSD:s and EDSO:s regulations for audiogram.

## Entries and registration

- Entries will be open from 1 March to 15 August 2018 at [www.nbdcorienteering2018.com](http://www.nbdcorienteering2018.com).
- It is possible to enter for one competition only (Sprint or forest competitions).
- Entries become valid only after payment of the entry fees. If you choose our special offer fees, entry fees are included. Deadline for payment is 15 August 2018.
- It is not possible to pay in Perstorp. Payment needs to be made in advance.

## Event fees (€)

Group	Sprint	Middle	Long	All
Senior and master	15 euro	15 euro	15 euro	40 euro
Junior	8 euro	8 euro	8 euro	20 euro

**The event fees are included in the package deal if you choose our special offer deals (see later below).**

## Payment

Deadline for full payment for all athletes, coaches and leaders need to be made by August 15, 2018. After 15 August, there will be a 50% increase in the total fees.

More information about registration and payment will come in next bulletin.

## Training possibilities

Competition held in similar terrains before the NBD OC 2018 will be mentioned at [www.nbdcorienteering2018.com](http://www.nbdcorienteering2018.com) with links to the event. Maps of relevant forests for self-training can be provided per request.

## **Easy to get to South Sweden**

It is convenient to get to South Sweden by flight to Copenhagen Airport and by train from the airport to Helsingborg central station.

## **Car rental**

Copenhagen Airport has a number of car rental companies. We recommend to choose our package deal because transport is included.

## **Journey time**

Copenhagen Airport to Helsingborg Central Station takes around 1 hour by train.

Helsingborg Central Station to hostel takes 45 min by car or bus.

Hostel to the arenas takes 15-25 minutes by car or bus.

## **Accommodation**

Skåne in South Sweden has a number of hotels, hostels and B&B for example in Helsingborg, Malmö and Lund. You can also choose our special offer deal which includes accommodation at a beautiful setting, transport and food. Read more below.

## **Special offers for NBDOC 2018 participants**

The NBDOC 2018 organisation has booked a nice hostel setting near Perstorp and with a bus company to transport all participants between the hostel and the arenas. Transport from Helsingborg to the hostel at arrival day and food is also included in the special offer deals below. Transport from airport to Helsingborg is not included in the package deal. From the airport you can take the train to Helsingborg. If requested, we can arrange a volunteer to meet you at the airport and help you take the right train to Helsingborg.





## Special offer fees (€)

### Senior and master Friday – Sunday

- Hostel with full board
- Transport
- Sprint
- Middle
- Long

245 euro

### Senior and master Thursday – Sunday

- Hostel with full board
- Transport
- Sprint
- Middle
- Long

275 euro

### Junior Friday – Sunday

- Hostel with full board
- Transport
- Sprint
- Middle
- Long

215 euro

### Junior Thursday – Sunday

- Hostel with full board
- Transport
- Sprint
- Middle
- Long

250 euro



**Coach and leader  
Friday – Sunday**

- Hostel with full board
- Transport

**200 euro**

**Coach and leader  
Thursday – Sunday**

- Hostel with full board
- Transport

**230 euro**

### **Visa**

If you are coming from a country in the EU or from the Schengen area you do not need a visa to Sweden.

For others, find the visa requirements at:

[www.swedenabroad.com](http://www.swedenabroad.com)

### **Insurance**

Each competitor participates in the event at his/her own risk.

### **Welcome**

You are only one step away from your participation in a great event – NBDCO 2018 in Sweden. See you 😊

